



## Packing List

- Name and phone number of Primary Care Physician
- Phone numbers of relatives, friends and emergency contacts
- Prescription Plan ID cards
- Living Will or advance directives, and power of attorney, if applicable
- Splints, braces or orthotics
- Clothing easy to take on and off
- At least one week's worth of clothing clearly labeled with the resident's name:
- Cozy non-skid socks and non-skid slippers / Soft-soled, rubber or athletic shoes with non-skid soles
- Home-wear, such as underwear, pajamas and a robe
- Comfortable items such as t-shirts, sweatpants and sweatshirts
- Sweater or jacket due to tendency of residents to be cold
- Shorts for those who have had leg surgery
- Shirts with buttons for therapy including getting dressed
- Small Amounts Of cash (\$5 or less), if desired; remember to not back credit cards
- A cozy lap blanket or comforter able to withstand frequent laundering, if desired
- Preferred toothbrush and toothpaste, if desired
- Favorite Personal Care Products, such as makeup, body powder, aftershave lotion, hair supplies including a comb or brush, and deodorant to make the Activities of Daily Living more comfortable
- Labeled cellphone, smartphone, laptop, wireless headphones, and chargers/ cords
- Decorative Items such as family photos, favorite artwork, and a calendar with family events to help your loved one remember special dates (more for long term residents)
- Personal interests such as books, religious texts of choice, puzzles, deck of cards